

6 Things You Didn't Know About Your Bra

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Certain bra sizes are interchangeable

After trying on bras you discover you're a size 34D in one brand and a 36C in another—what gives? Let's set the record straight. "Bra cup size is a very subjective measurement to begin with," says **William Bruno, a board-certified plastic surgeon in Beverly Hills**. "There is no standardization of cup sizes among bra manufacturers." For example, different brands may define a "C" cup differently. "Because of this, women may wear a certain size from one place and feel this is the same size they should wear when shopping at all stores," says Bruno. Rather than getting stuck on wearing a particular size, Bruno recommends focusing on finding the bra fit that works best for your bust. "It could be a 'C' at Victoria's Secret and a 'B' at their local department store," he says.